

breakfast



Menu effective from March 2019

outsidein
RESTAURANT



Breakfast

To start your day

Breakfast is the most important part of the day. Here at Beales Hotel we believe in sourcing our ingredients from carefully selected local suppliers offering fresh & seasonal produce from all over Hertfordshire.

Whether you prefer a freshly baked croissant or a full English breakfast, let us help you to feel refreshed & ready for the day ahead.

Our philosophy will always remain the same: quality cooking & fresh ingredients. If there is something you would like that is not on the menu, please ask & we will endeavour to make it for you.



Jamie Curtis - Head Chef

Breakfast: 7.00 – 10.00am Monday-Friday
8.00 – 10.30am Saturday, Sunday & bank holidays

Buffet breakfast - £17

Children under 12 will receive 50% off their breakfast and children under 5 eat for free

Full English selection

- Clover Farm free range scrambled eggs
- Grilled Danish back bacon
- Cumberland sausage
- Grilled seasoned tomato
- Button mushrooms
- Hash brown
- Baked beans

Cooked to order

- Clover Farm free range fried, poached or boiled eggs; or omelette with filling of your choice
- Oakwell black pudding
- Vegan sausages
- Poached smoked Finnan haddock - £2 supplement
- Grilled Manx kipper - £2 supplement

A selection of Café du Monde coffee & Eilles loose-leaf teas

Cafetière coffee

100% AA grade Kenyan cafetière coffee
Or cappuccino, café latte, espresso, mocha, macchiato or hot chocolate



Eilles loose-leaf teas

A selection of Eilles loose-leaf teas & infusions:
English breakfast, Earl Grey, peppermint, pure camomile, lemon & ginger, pure green tea, Darjeeling, Assam

Continental Selection

Juices

Freshly squeezed Johnsons orange juice, apple juice, grapefruit juice, cranberry juice, tomato juice

Still & sparkling mineral water

Bread

White or granary sliced bread
'Farmer bread' - rye sourdough loaf

Hertfordshire preserves, Marmite, Nutella, Wilkin & Sons Tiptree orange marmalade, pure honey, strawberry, blackcurrant & raspberry jam, Beales Hotels honey (subject to season)

You are welcome to make the toast yourself or if you prefer we are delighted to bring the toast to your table.

Pastries

A selection of freshly baked Danish pastries, croissants, pain au chocolat

Prosecco breakfast?

Treat yourself to a 200ml bottle of chilled Prosecco with your breakfast – or for Champagne, please ask for the wine menu.

Ponte Prosecco Treviso DOC extra dry

£12.50

Please note that a 200ml bottle is ample for 1 or can be shared by two.

Fruit

Honeydew melon, charentais melon, pineapple, fresh fruit salad

Apricots, prunes, mixed berries, almonds & raisins, dried banana chips

Greek styled natural yoghurt & Actimel Pro-biotic yoghurt

Cereals

Kellogg's cornflakes, Kellogg's crunchy nut cornflakes, Kellogg's Special K, Alpen, Bran flakes, granola, Weetabix

Traditional Scottish porridge at your request

A selection of meats and cheeses are available on request

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